AI FOR WELLBEING DEVELOPMENT
WHAT TO WATCH OUT FOR

Although chatbots help in the development of mental health and wellbeing, it is also important to notice that there might be some risks involved:

Risk	Why it matters
Privacy	Mental Health data is sensitive
Bias	Algorithms may not work
Over-reliance	AI supports but doesn't replace therapy
Lack of empathy	Bots can't feel what humans do